

## Unit 1: Decision Making

**Unit #:** APSDO-00020619  
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**Grade(s):** 8  
**Subject(s):** School Counseling  
**Course(s):** GR. 8 - SCHOOL COUNSELING

### Unit Focus

In this unit, students will evaluate what is important to them academically, personally, socially, and how it guides them in their decision-making. Based on this evaluation, students will create an academic goal and a personal goal.

### Stage 1: Desired Results

Established Goals	Transfer	
<b>Standards</b> <ul style="list-style-type: none"> <li>• Avon School Counseling Standards (CT 2020)               <ul style="list-style-type: none"> <li>◦ <i>School Counselling</i> <ul style="list-style-type: none"> <li>▪ SOCIAL/EMOTIONAL DEVELOPMENT                   <ul style="list-style-type: none"> <li>▪ Demonstrate the ability to make decisions, think divergently, and take steps to achieve desired outcomes. Able to overcome challenges and obstacles and develop positive coping strategies and build resilience. (SE3)</li> </ul> </li> </ul> </li> </ul> </li> </ul>	<i>What kinds of long-term, independent accomplishments are desired? Students will be able to independently use their learning to...</i>	
	T1 (T1) Use self-knowledge in order to develop effective decision making skills, create meaningful goals, and identify positive attributes.	
	Meaning	
	Understanding(s)	Essential Question(s)
	<i>What specifically do you want students to understand? What inferences should they make? Students will understand that...</i>	
	U1 (U1) Effective decision making and goal setting skills are necessary to achieve personal success.	Q1 (Q01) What is really important to me? How does that shape my priorities?
	U2 (U3) Reflection is necessary to develop self-knowledge.	Q2 (Q03) What choices do I make when I have the opportunity to decide?
	Acquisition	
Knowledge	Skill(s)	
<i>What facts and basic concepts should students know and be able to recall? Students will know...</i>		
K1 How to consider what are priorities for them personally	S1 Identifying priorities and values  S2 Generating possible actions that align with a given priority/value  S3 Reflecting on how personal priorities might shape decision making  S4 Developing goals based on priorities/values	